



Teen Talk



Summer/Autumn 2025

Funding News

Hugh Fraser £3,000, Lady Marian Gibson £2,000, Cordis Charitable Trust £2,000, The Alchemy Foundation £2,000, Kirkcaldy WRRAP (Fife Council) £1,400, Gertude Patullo (G Mclean) Trust £1,000, Walker-Shoolbraid Charitable Trust £1,500, Dr Guthries Association £1,000, Walter Craig Charitable Trust £750

Thank you to all our fabulous Funders

Social Events

We held our annual summer social at Craigtoun Park in July. Another fabulous and sunny afternoon with great food, company, creative art station, table-top games, giant connect 4 and a game of rounders. Thank you to local businesses for their support and donations: Penman Butchers; Ceres Inn; New Forest Fruit Co Ltd; St Andrews Tesco, Morrisons and Sainsburys.



Volunteer Recruitment

Welcome to Yosef, Carole and Izka who trained with Maria in June. Plus Emma, Holly, Janet and Morgan who trained with Jane in September. It's great to have you all on-board.

Volunteer Achievements



Congratulations on achieving Saltire Awards: Grace 100 and Sarah 50 hrs, and to Connor and Ron on reaching 150 volunteering hours.

Volunteers Week



Volunteer's week was celebrated on 2nd to 8th June where we thanked volunteers for their continued commitment to befriending throughout the year. Thank you for everything you do to support LINK and our young people. We couldn't do it without you. Small token gifts were sent out to all volunteers from Jane and Maria to mark volunteer's week.

Spotlight on Befriending

Remember to send us your photos (with permissions in place) of what you have been up to or anywhere interesting you have visited. Since the last newsletter I have loved hearing about your trips - beach walks, day trip to Edinburgh on the train, pottery painting to name but a few.

Final Farewell from Maria

As most of you will know, my final day at LINK will be 18th September. I am moving on to a new post with Shared Care Scotland. I will still be working in the fabulous Third Sector and I'm sure some of our paths will cross in the future. I have had a fantastic 6 years as the Project Coordinator and met some truly amazing people who make all the challenging days worthwhile. I have loved developing the project from a pilot in Glenrothes to now covering all of Central Fife, reaching more young people and providing opportunities for volunteers than ever before. A big thank you to all the volunteers for the chats, cuppas and laughter; and to the young people for keeping me on my toes and making me smile! Last but not least, thank you to the very small but incredible team at LINK for their support, encouragement and words of wisdom. Special thanks to Jane for being a fantastic supervisor and putting up with my spreadsheet obsession! I will miss everyone at LINK but looking forward to a new challenge. I will be delighted when the LINK newsletter pops up in my email inbox so I can hear about the latest updates and of the brilliant work that will continue on.

Free Training Courses

- Fife Council e-learning training, [All courses | Fife Council Partner Organisations VLE \(learningnexus.co.uk\)](#) LINK volunteers complete Child Protection; Trauma; Self Harm & Suicide - Supporting Young People as part of their induction training.
- Fife Violence Against Women training [Violence Against Women - Training | Fife Council](#)
- Health Promotion Training Team programme until March 2026 [Health promotion training | NHS Fife](#)

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